OCTOBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	01	02	03
Baked Crispy Chicken Sandwhich	Chicken & Veg. Lo Mein w/ White Rice	Baked Potato Soup	Fish Fillet Sandwich	
		Whole Wheat Turkey	Sweet Potato Fries	
Sweet Potato Fries	Garden Salad	& Cheese Sandwhich	Garden Salad	
Garden Salad	Fresh Fruit	Fresh Fruit		Hot Dogs w/Buns, Potato
Fresh Fruit			Fresh Fruit	Salad, Garden Salad and Fresh Fruit
06	07	08	09	10
Speghetti w/Meatballs	Arroz Con Pollo	Beef Stew over Rice	Grilled Chicken Alfredo with Spinach	
Garlic Bread	Baked Plantains	Steamed Veggies	Whole Grain Pasta	Property of the second
Garden Salad	Garden Salad			Solding R
Fresh Fruit	Fresh Fruit	Fresh Fruit	Garden Salad	
			Fresh Fruit	
13	14	15	16	17
Four Cheese Ravioli	Chicken & Veg. Lo Mein	Baked Crispy Chicken	Macaroni & Cheese	Homemade
Garlic Bread	w/ White Rice	Sandwhich	Fish Sticks	nomemade
Garden Salad	Garden Salad	Sweet Potato Fries	Mixed Veggies	
	Fresh Fruit	Garden Salad		
Fresh Fruit		Fresh Fruit	Fresh Fruit	Lasagna
20	21	22	23	24
Speghetti w/Meatballs	Fish Fillet Sandwich	Rotisserie Chicken Mashed Potatoes	Brocolli & Cheese Soup	
Garlic Bread	Sweet Potato Fries		Whole Wheat Turkey	A CAN
Garden Salad	Garden Salad	Gravy	& Cheese Sandwhich	
Fresh Fruit	Fresh Fruit	Mixed Veggies	Fresh Fruit	
		Fresh Fruit		
27	28	29	30	31
Baked Crispy Chicken Sandwhich	Arroz Con Pollo	Four Cheese Ravioli	Macaroni & Cheese	DOUNTOWN DOOR
Sweet Potato Fries	Baked Plantains	Garlic Bread	Fish Sticks	
	Garden Salad	Garden Salad	Mixed Veggies	
Garden Salad	Fresh Fruit	Fresh Fruit	Fresh Fruit	Hot Dogs w/Buns,
Fresh Fruit	con i rait	. resit i fait	. resirriuit	Potato Salad, Garden
SarahCare of Cora		- 754 Riverside Drive Co	 	Salad and Fresh Fruit 54) 743-0003 Phone

SarahCare of Coral Springs Adult Day Care - 754 Riverside Drive, Coral Springs, FI 33071 - (954) 743-0003 Phone *Lunch options may change without notice due to availability.