

AUGUST

2025

WHAT'S FOR LUNCH?

MONDAY**TUESDAY****WEDNESDAY****THURSDAY****FRIDAY**

				01 
04 Spaghetti w/Meatballs Garlic Bread Garden Salad Fresh Fruit	05 Chicken & Veg. Lo Mein w/ White Rice Garden Salad Fresh Fruit	06 Broccoli & Cheese Soup Whole Wheat Turkey & Cheese Sandwich Fresh Fruit	07 Grilled Chicken Alfredo with Spinach Whole Grain Pasta Garden Salad Fresh Fruit	08  Hot Dogs w/Buns, Potato Salad, Garden Salad and Fresh Fruit
11 Four Cheese Ravioli Garlic Bread Garden Salad Fresh Fruit	12 Chicken & Veg. Lo Mein w/ White Rice Garden Salad Fresh Fruit	13 Baked Crispy Chicken Sandwich Sweet Potato Fries Garden Salad Fresh Fruit	14 Macaroni & Cheese Fish Sticks Mixed Veggies Fresh Fruit	15 
18 Spaghetti w/Meatballs Garlic Bread Garden Salad Fresh Fruit	19 Fish Fillet Sandwich Sweet Potato Fries Garden Salad Fresh Fruit	20 Rotisserie Chicken Mashed Potatoes Gravy Mixed Veggies Fresh Fruit	21 Beef Stew over Rice Steamed Veggies Fresh Fruit	22  Lasagna
25 Baked Crispy Chicken Sandwich Sweet Potato Fries Garden Salad Fresh Fruit	26 Grilled Chicken Alfredo with Spinach Whole Grain Pasta Garden Salad Fresh Fruit	27 Arroz Con Pollo Baked Plantains Garden Salad Fresh Fruit	28 Chicken & Veg. Lo Mein w/ White Rice Garden Salad Fresh Fruit	29 

SarahCare of Coral Springs Adult Day Care – 754 Riverside Drive, Coral Springs, FL 33071 – (954) 743-0003 Phone

*Lunch options may change without notice due to availability.