

# SEPTEMBER

# 2024

# WHAT'S FOR LUNCH?

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

02

WE WILL BE  
**CLOSED**  
on  
**LABOR DAY**

03

Minnestrone Soup  
Whole Wheat Turkey  
& Cheese Sandwich  
Fresh Fruit

04

Macaroni & Cheese  
Fish Sticks  
Mixed Veggies  
Fresh Fruit

05

Chicken & Veg. Lo Mein  
w/ White Rice  
Garden Salad  
Fresh Fruit



06

09

Creamy Tomato Soup  
Whole Wheat Turkey  
& Cheese Sandwich  
Fresh Fruit

10

Grilled Chicken Alfredo  
with Spinach  
Whole Grain Pasta  
Garden Salad  
Fresh Fruit

11

Baked Crispy Chicken  
Sandwich  
Sweet Potato Fries  
Garden Salad  
Fresh Fruit

12

Four Cheese Ravioli  
Garlic Bread  
Garden Salad  
Fresh Fruit

13



16

Chicken Parmesan  
over Spaghetti  
Mixed Veggies  
Fresh Fruit

17

Baked Potato Soup  
Whole Wheat Turkey  
& Cheese Sandwich  
Fresh Fruit

18

Arrose Con Pollo  
Baked Plantains  
Garden Salad  
Fresh Fruit

19

Macaroni & Cheese  
Fish Sticks  
Mixed Veggies  
Fresh Fruit

20



23

Baked Potato Soup  
Whole Wheat Turkey  
& Cheese Sandwich  
Fresh Fruit

24

Rotisserie Chicken  
Mashed Potatoes  
Gravy  
Mixed Veggies  
Fresh Fruit

25

Beef Stew over  
Egg Noodles  
Steamed Veggies  
Fresh Fruit

26

Baked Crispy Chicken  
Sandwich  
Sweet Potato Fries  
Garden Salad  
Fresh Fruit

27



30

Four Cheese Ravioli  
Garlic Bread  
Garden Salad  
Fresh Fruit