

# JULY

# 2024

# WHAT'S FOR LUNCH?

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**01**  
Chicken & Veg. Lo Mein  
w/ White Rice  
  
Garden Salad  
  
Fresh Fruit

**02**  
Arrose Con Pollo  
  
Baked Plantains  
  
Garden Salad  
  
Fresh Fruit

**03**  
Creamy Tomato Soup  
  
Whole Wheat Turkey  
& Cheese Sandwhich  
  
Fresh Fruit



**05**  
  
  
Hot Dogs w/Buns, Potato  
Salad, Garden Salad and  
Fresh Fruit

**08**  
Creamy Tomato Soup  
  
Whole Wheat Turkey  
& Cheese Sandwhich  
  
Fresh Fruit

**09**  
Rotisserie Chicken  
Mashed Potatoes  
  
Gravy  
  
Mixed Veggies  
  
Fresh Fruit

**10**  
Baked Crispy Chicken  
Sandwich  
  
Sweet Potato Fries  
  
Garden Salad  
  
Fresh Fruit

**11**  
Four Cheese Ravioli  
  
Garlic Bread  
  
Garden Salad  
  
Fresh Fruit



**15**  
Chicken Parmesan  
over Spaghetti  
  
Mixed Veggies  
  
Fresh Fruit

**16**  
Baked Potato Soup  
  
Whole Wheat Turkey  
& Cheese Sandwhich  
  
Fresh Fruit

**17**  
Speghetti w/Meatballs  
  
Garlic Bread  
  
Garden Salad  
  
Fresh Fruit

**18**  
Macaroni & Cheese  
  
Fish Sticks  
  
Mixed Veggies  
  
Fresh Fruit



**22**  
Baked Potato Soup  
  
Whole Wheat Turkey  
& Cheese Sandwhich  
  
Fresh Fruit

**23**  
Rotisserie Chicken  
Mashed Potatoes  
  
Gravy  
  
Mixed Veggies  
  
Fresh Fruit

**24**  
Beef Stew over  
Egg Noodles  
  
Steamed Veggies  
  
Fresh Fruit

**25**  
Baked Crispy Chicken  
Sandwich  
  
Sweet Potato Fries  
  
Garden Salad  
  
Fresh Fruit



**29**  
Four Cheese Ravioli  
  
Garlic Bread  
  
Garden Salad  
  
Fresh Fruit

**30**  
Minestrone Soup  
  
Whole Wheat Turkey  
& Cheese Sandwhich  
  
Fresh Fruit

**31**  
Chicken Salad Wrap  
  
Sweet Potato Fries  
  
Garden Salad  
  
Fresh Fruit

