

# WHAT'S FOR LUNCH?

# NOVEMBER SarahCare®

Coral Springs Adult Day Care Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>01</b>  Minestone Soup, Whole Wheat Turkey & Cheese Sandwich, Fresh Fruit	<b>02</b>  Grilled Chicken Alfredo with Spinach, Whole Grain Pasta, Salad and fresh Fruit	<b>03</b>  Macaroni & Cheese, Fish Sticks, Garden Salad and Fresh Fruit	<b>04</b>  Rotisserie Chicken with Mashed Potatoes and Gravy, Mixed Veggies, Fresh Fruit	<b>05</b>  Lean Beef Lasagna, Garlic Bread, Salad and Fresh Fruit
<b>08</b>  Spaghetti and Meatballs, Garlic Bread, Roasted Veggies, Fresh Fruit	<b>09</b>  Baked Potato Soup, Whole Wheat Turkey & Cheese Sandwich, Fresh Fruit	<b>10</b>  Red Beans & Rice with Grilled Chicken, Garden Salad and Fresh Fruit	<b>11</b>  Lean Beef Sloppy Joe on Whole Wheat Bun, Seasonal Fresh Fruit, Mixed Vegetables	<b>12</b>  Hot Dogs w/Buns, Potato Salad, Garden Salad and Fresh Fruit
<b>15</b>  Rotisserie Chicken with Mashed Potatoes and Gravy, Mixed Veggies, Fresh Fruit	<b>16</b>  Baked Crispy Chicken Sandwich on Whole Wheat Bun, Sweet Potato Fries, Salad & Fresh Fruit	<b>17</b>  Picadillo over Noodles, Garden Salad and Fresh Fruit	<b>18</b>  Macaroni & Cheese, Fish Sticks, Garden Salad and Fresh Fruit	<b>19</b>  <p style="text-align: center;"><b>Sarahcare Homemade Thanksgiving Feast with all the fixens!!!!!!!!</b></p>
<b>22</b>  Chicken Paella, Black Beans, Roasted Veggies and Fresh Fruit	<b>23</b>  Baked Potato Soup, Whole Wheat Turkey & Cheese Sandwich, Fresh Fruit	<b>24</b>  Cheese Tortellini w/Tomato Sauce, Mixed Veggies and Fresh Fruit	<b>25</b>  <p style="text-align: center;"><b>Closed for Thanksgiving</b></p>	<b>26</b> 
<b>29</b>  Grilled Chicken Alfredo with Spinach, Whole Grain Pasta, Salad and Fresh Fruit	<b>30</b>  Minestone Soup, Whole Wheat Turkey & Cheese Sandwich, Fresh Fruit			