

ACTIVITIES CALENDAR

JANUARY 2021

SarahCare®

Coral Springs Adult Day Care Center

Monday

Tuesday

Wednesday

Thursday

Friday



MARTIN LUTHER KING JR. Day



01

"New Year's Day 2021!"



04

"Billboard Day!"

Breakfast
News & Views
Deal or No Deal?
Lunch
Relax With Music
Sittercise
Bingo & Snack Time

05

"Nat. Bird Day!"

Breakfast
News & Views
Arts & Crafts
Lunch
Relax With Music
Sittercise
Snack Time

06

"Apple Tree Day!"

Breakfast
Trivial Pursuit
Match Up
Lunch
Relax With Music
Sittercise
Snack Time
Memory Games

07

"Basketball Day!"

Breakfast
News & Views
Arts & Crafts
Lunch
Relax With Music
Sittercise
Cinema Time & One ...On One Activities

08

"Elvis Presley Day!"

Breakfast
News & Views
Millionaire...
Lunch
Relax With Music
Sittercise
Bingo & Snack Time

11

"Grand Canyon Day!"

Breakfast
News & Views
The Price Is Right
Lunch
Relax With Music
Sittercise
Bingo & Snack Time

12

"Super Hero Day!"

Breakfast
News & Views
Arts & Crafts
Lunch
Relax With Music
Sittercise
Snack Time

13

"Sticker Day!"

Breakfast
Trivial Pursuit
Off To The Races
Lunch
Relax With Music
Sittercise
Snack Time
Mind Joggers

14

"PEZ Day!"

Breakfast
News & Views
Arts & Crafts
Lunch
Relax With Music
Sittercise
Cinema Time & One ...On One Activities

15

"Coin Day!"

Breakfast
News & Views
Multi-Trivia Ladder
Lunch
Relax With Music
Sittercise
Bingo & Snack Time

18

"MLK JR Day!"

Breakfast
News & Views
Let's Make a Deal
Lunch
Relax With Music
Sittercise
Bingo & Snack Time



19

"Tin Can Day!"

Breakfast
News & Views
Arts & Crafts
Lunch
Relax With Music
Sittercise
Snack Time

20

"Inauguration Day!"

Breakfast
Trivial Pursuit
Family Feud
Lunch
Relax With Music
Sittercise
Snack Time
Memory Games



21

"Christian Dior Day!"

Breakfast
News & Views
Arts & Crafts
Lunch
Relax With Music
Sittercise
Cinema Time & One ...On One Activities

22

"Small Town Day!"

Breakfast
News & Views
Bowl N' Dice
Lunch
Relax With Music
Sittercise
Bingo & Snack Time

25

"Royal Wedding Ann."

Breakfast
News & Views
Basketball
Lunch
Relax With Music
Sittercise
Bingo & Snack Time

26

"Tea Tuesday!"

Breakfast
News & Views
Arts & Crafts
Lunch
Relax With Music
Sittercise
Snack Time

27

"Strange Socks Day!"

Breakfast
Trivial Pursuit
Putt-Putt Golf
Lunch
Relax With Music
Sittercise
Snack Time
Mind Joggers

28

"Wolf Moon Day!"

Breakfast
News & Views
Arts & Crafts
Lunch
Relax With Music
Sittercise
Cinema Time & One ...On One Activities

29

"Fun at Work Day!"

Breakfast
News & Views
Crossword Mania
Lunch
Relax With Music
Sittercise
Bingo & Snack Time

Monthly Birthdays:



David K. - 1/13



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Instagram.com/SarahcareCS